



# Pentathlon Open 2023

## Senior Men and Women

16 & 17 December 2023 French Open Championship

**INSEP – GARDE REPUBLICAINE**

### Friday 15 December

**14h** Riding Test

**20h** Technical Meeting , INSEP / Allée des Champions (Corridor Fencing Building)

### Saturday 16 December: Qualifications Women and Men

<b>Men</b>		<b>Women</b>	
7:45 AM	Fencing Hall Open + warm up	11:30 AM	Pool access + warm up
<b>8:30 AM</b>	<b>Fencing competition</b>	<b>12:00 AM</b>	<b>1<sup>st</sup> swimming Hit</b>
14:00 PM	Pool access + warm up	13:00 PM	Fencing warm up
<b>14:30 PM</b>	<b>1<sup>st</sup> swimming Hit</b>	<b>13:30 PM</b>	<b>Fencing competition</b>
15:30 PM	Warming up 1 <sup>st</sup> Heat Laser Run	17:45 PM	Warming up 1 <sup>st</sup> Heat Laser Run
<b>16:00 PM</b>	<b>Laser Run 1<sup>st</sup> Heat</b>	<b>18:15 PM</b>	<b>Laser Run 1<sup>st</sup> Heat</b>
16:15 PM	Warming up 2de heat Laser Run	18:30 PM	Warming up 2de heat Laser Run
<b>16:45 PM</b>	<b>Laser Run 2de Heat</b>	<b>19:00 PM</b>	<b>Laser Run 2de Heat</b>

**19:30 PM: Technical Meeting for finals Women and Men, INSEP / Alley of Champions after the last laser run.**

## Sunday 17 December: Finals Women and Men at 18

### **MEN and WOMEN FEMMES (Riding)**

8:30 AM Walking the course  
9h30 1<sup>st</sup> Rider Men 1<sup>st</sup> Round  
9h53 1<sup>st</sup> Rider Women 1<sup>st</sup> Round  
10h16 1<sup>st</sup> Rider Men 2de Round  
10h39 1<sup>st</sup> Rider Women 2de Round

### **Men**

11:15 AM/ 12:00 PM General warm up

12:15 PM Bonus Round  
12:45 PM Swimming (2 Hits)  
13:05 PM Laser Run

### **Women**

1:30 PM/2:15 PM General warm up

2:30 PM Bonus Round  
3:00 PM Swimming (2 Hits)  
3:20 PM Laser Run

4:00 PM: Award ceremony